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Abstract
The main purpose of this research is to probe into the present situation that teachers in junior high schools in Pingtung participate and hinder recreation activities, whether there is obviously difference between different background variables in participating and hindering recreation. The objects of this research, the full-time teachers in 24 public schools in Pingtung county in 2007, carry on questionnaires which are sampled hierarchically. Within 815 formal questionnaires, there are 695 effective samples, 95.86% of effective rate of recovery. The retrieved questionnaires are analyzed by project analysis, statistics of describing, independent sample t test, single factor making a variation analysis, Scheffe analysis afterwards and Pearson Relevant analysis. According to the result of study, the conclusion is as following:
I. The teachers in junior high schools in the general area of Pingtung county participates most frequently in the knowledge type of recreation activity, which is sequentially sorted as the resting types, and the social types. The top three are watching TV, reading the newspapers and magazines, and listening to the music. The hindrance of recreation activities are sorted as individual inner hindrance, structural hindrance and interpersonal hindrance.
II. There are obvious differences of the participation in recreation activities for teachers from different characteristics of the population, because of gender, ages, marital status, personalities, personal annual income, family's annual income, the service seniority and teaching fields; but it has nothing to do with the teaching area and the service seniority.
III. There is no difference of the hindrance from recreation activities for teachers from different characteristics of the population, because of gender, ages, personalities, family's annual income, the teaching area, service seniority, teaching fields, and the working position; but it is obviously different about the personal annual income and the marital status.
IV. The relevant situations between the types of recreation activities and the factors of the hindrance from recreation activities are as following: There is a positive correlation of low degree between the individual hinders and the social, resting, family, knowledge, and outdoors activities. And there is a positive correlation of low degree between the interpersonal hinders and the recreation activities. There is a positive correlation of low degree between the structural hinders and the recreation activities of the resting and family types.
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